

WEIGHT RANGE: < 200lbs 200-250lbs 250-300lbs 300-350 lbs > 350lbs



Equipment you MUST bring to HOSPITAL

- For surgery at VGH & UBCH, have family bring equipment to surgical floor after surgery
- For surgery at St. Paul's, RH, & LGH, have family bring in equipment on day of discharge only

HIP SURGERY

- ✓ 2 wheeled walker (or standard walker)
- ✓ Crutches
- ✓ High density (firm) foam cushion* (at least 4"x16"x18") (needed for going home in the car)
- ✓ Dressing equipment (long handled reacher, long handled shoe horn and sock aid)

KNEE SURGERY

- ✓ 2 wheeled walker (or standard walker)
- ✓ Crutches
- ✓ Dressing equipment (long handled reacher, long handled shoe horn and sock aid) – OPTIONAL but recommended



Equipment for HOME

Please ensure you have picked-up ALL of your equipment before you come to hospital.

HIP SURGERY – The equipment below is REQUIRED

KNEE SURGERY – The equipment below is recommended

- ✓ 4" Raised toilet seat (with or without armrests) OR commode chair with wheels
- ✓ Long handled reacher (24" minimum)
- ✓ Long handled shoehorn (24" minimum)
- ✓ Sock aid
- ✓ Long handled sponge* (24" minimum)
- ✓ Non-slip bathmat*
- ✓ Elastic shoe laces* (otherwise use slip on shoes with an enclosed heel)
- ✓ Hand-held shower hose*

Bathing – use a walk-in shower OR bathtub:

Walk-in Shower

Shower chair **OR**

Bathtub

Tub transfer bench (or raised tub board)
 Removable tub clamp **OR** installed grab bars*

*** Equipment not available through the Red Cross; purchase at local Medical Supply Store**



To rent or purchase these items, please contact your local medical supply store. The Red Cross Health Equipment Loan Program (HELP) does provide some equipment however their supply can be limited. The Red Cross requires a therapist signed equipment form and this is available in your Pre-op Education class.