

## OASIS Webinars – Sept 2020

1. Pain Management  
When: Tue Sept 15th, 2020 10:00-12:00 PM Vancouver  
Please register by clicking [here](#)
  
2. Managing Hip & Knee Osteoarthritis  
When: Tues Sept 15, 2020 4:30PM-5:30 PM Vancouver  
Please register by clicking [here](#)
  
3. Nutrition, Supplements & Arthritis  
When: Thurs Sept. 17 1:00-3:00 PM Vancouver  
Please register by clicking [here](#)
  
4. Mindful Eating Part 1  
When: Tuesday Sept.22, 2020 4:00-6:00PM Vancouver  
Please register by clicking [here](#)
  
5. Hand Osteoarthritis  
When: Wed Sept 23, 2020 1:00-2:00 PM Vancouver  
Please register by clicking [here](#)
  
6. Exercise & Arthritis  
When: Thurs Sept 24, 2020 10:00-11:00 AM Vancouver  
Please register by clicking [here](#)
  
7. Working from Home with Arthritis – Ergonomic Tips  
When: Friday, Sept 25, 2020 10:00AM-11:00AM  
Please register by clicking [here](#)
  
8. Foot & Ankle Osteoarthritis  
When: Friday, Sept 25, 2020 1:00-2:00 PM Vancouver  
Please register by clicking [here](#)
  
9. Managing Hip & Knee Osteoarthritis  
When: Tues Sept 29, 2020 1:00PM-2:00 PM Vancouver  
Please register by clicking [here](#)

## 10. Pain Management

When: Tue Sept 29th, 2020 4:00-6:00 PM Vancouver

Please register by clicking [here](#)

After registering, you will receive an email containing information about joining your appointment. Please note that you do not need to download Zoom in order to participate – the platform can be accessed through your web browser.