

## Pole Walking Education Sessions

| Day | Date         | Time             | Place |
|-----|--------------|------------------|-------|
| Tue | Sep 12, 2017 | 09:30 to 11:00AM | WVCC  |
| Tue | Sep 19, 2017 | 09:30 to 11:00AM | SCC   |
| Wed | Sep 20, 2017 | 09:30 to 11:00AM | GWC   |
| Tue | Sep 26, 2017 | 09:30 to 11:00AM | CCC   |
| Wed | Oct 4, 2017  | 09:30 to 11:00AM | WPG   |
| Mon | Oct 16, 2017 | 10:00 to 11:30AM | WVCC  |
| Tue | Oct 17, 2017 | 09:30 to 11:00AM | OAK   |
| Thu | Oct 19, 2017 | 09:30 to 11:00AM | GWC   |
| Tue | Nov 7, 2017  | 09:30 to 11:00AM | CCC   |
| Wed | Nov 15, 2017 | 09:30 to 11:00AM | GWC   |

### Registration Required:

CCC - 604-257-3050

Creekside Community Centre  
1 Athletes Way, Vancouver

GWC - 604-244-5377

Garrett Wellness Centre  
7504 Chelsea Place, Richmond

OAK - 604-257-8180

Oakridge Marpole Community Centre  
990 W 59th Ave, Vancouver

SCC - 604-718-6505

Sunset Community Centre  
6810 Main Street, Vancouver

WPG - 604-257-8140

West Point Grey Community Centre  
4397 West 2<sup>nd</sup> Ave, Vancouver, BC

WVCC - 604-904-6177

West Van. Community Centre (Garden Room)  
2121 Marine Drive, West Van.

**It's Free!**

For more information, go to our website:

[oasis.vch.ca](http://oasis.vch.ca)

As of: 14 Jul 2017