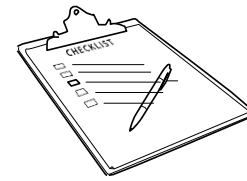


## Before Joint Replacement Surgery: A Final Checklist



- Set up your equipment at home and practice using it.
- Label all of your equipment with your name if you are bringing these items to the hospital (walker, crutches, dressing equipment).
- Arrange a ride to and from the hospital.
- Arrange for an adult to stay with you or be nearby for 24 to 48 hours after leaving the hospital, if possible.
- Pack a small bag with:
  - Basic toiletries (toothbrush, toothpaste, hair brush, etc.)
  - loose fitting clothes to wear home
  - shoes/slippers with non- slip soles
  - credit card information for items such as hospital TV rental
- Remove all jewellery and piercings.
- Clean your skin as instructed by the Pre-Admission Clinic nurse.
- Bring the following to the hospital:
  - your BC Services Card / BC Care Card (personal health number) and Photo Identification (such as a driver's license)
  - Hospital Identification bracelet (if you got one from the laboratory)
  - any medicines that the Pre-Admission Clinic asked you to bring
  - your breathing machine (CPAP machine) or dental device, if you use one
  - your ice machine, if recommended by your surgeon