

# Hip or Knee Total Joint Replacement Surgery: What Happens Next?

**I have been put on the waitlist for total joint replacement surgery.**



**Pre-Hab Education:** You will receive a phone call from the OASIS Program to schedule you for a Pre-Hab education class.

Building strength, losing weight and making changes to your home are all strategies that can have a positive impact on the success of your surgery. But these things do not happen overnight. PreHab education gives you the information that you need to begin setting goals for change months ahead of your surgical date.

**I have been received a surgery date for my total joint replacement surgery.**



**Pre-Op Education:** You will receive a phone call from the OASIS Program to schedule you for a Pre-Op education class.

Pre-Op education is a mandatory education session for people who are having total joint replacement surgery. It gives you an opportunity to ask any last-minute questions that you might have about your surgery and to find out specific details about what will happen on before, during and after surgery.

Please read the information your surgeon has given you and bring any questions you have to the education class.



**Pre-Admission Appointment:** You will receive a phone call from the Pre-Admission Clinic to set up an appointment.

Pre-Admission Clinic Appointment is mandatory. The Nurse and/or the Anesthesiologist will talk to you about the medical information you need to know to get ready for surgery.